EMIRATES TASTE CATERING SERVICES LLC

MONTHLY MENU_MAY 2017

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY
WEEK 1			1-May-17		2-May-17		3-May-17		4-May-17
MAIN COURSE 1			Chicken Stroganoff		**PASTA DAY** **BEEF LASAGNA** **SPAGHETTI CARBONARA,** **ARRABIATA (V)** *served with Garlic Bread*		Herbed Roasted Chicken with Creamy Sauce		Italian Garlic and Tomato Chicken
MAIN COURSE 2			Roasted Beef with Caramelized Onion Gravy				Beef Casserole		Baked Fish with Lemon Butter Sauce
CARBOHYDRATES			Greek Roasted Potato				White Rice		Creamy Three Cheese Spaghetti with Mushroom
VEGETABLES			Mixed Vegetables				Steamed Fresh Vegetables		Sautéed Green Beans
WEEK 2	7-May-17		8-May-17		9-May-17		10-May-17		11-May-17
MAIN COURSE 1	Grilled Chicken with Balsamic BBQ Sauce		Chicken Ala King		**CURRY DAY** **INDIAN CHICKEN CURRY** **VEGETABLE CURRY** *Chapatti* *White Rice*		Grilled Fish in Fresh Tomato Sauce		Chicken Manchurian
MAIN COURSE 2	Mini Salisbury Steak		Beef Bell Pepper				Beef and Broccoli		Baked Beef Mac and Cheese
CARBOHYDRATES	Roasted Potato Wedges		Sautéed Garlic Pasta				White Rice		Herbed Potato
VEGETABLES	Baked Vegetables		Roasted Root Vegetables				Sautéed Eggplant & Marrow		Corn & Peas
WEEK 3	14-May-17		15-May-17		16-May-17		17-May-17		18-May-17
MAIN COURSE 1	Creamy Cilantro Chicken		Greek Lemon Chicken and Potatoes		**BIRYANI DAY** **CHICKEN BIRYANI** **VEGETABLE BIRYANI** *served with Raita and Lemon Pickle*		Butter Chicken		Chicken in Creamy Lemon Sauce
MAIN COURSE 2	Chili con Carne		Beef Chasseur				Stir Fry Beef with String Beans		Baked Fish with Mediterranean Caper and Tomato Sauce
CARBOHYDRATES	Greek Potato		Pasta in Spinach and Tomato Sauce				White Rice		Mashed Potato
VEGETABLES	Steamed Green Beans		Sautéed Spring Vegetables				Vegetable Curry		Glazed Vegetables
WEEK 4	21-May-17		22-May-17		23-May-17		24-May-17		25-May-17
MAIN COURSE 1	Rosemary Baked Chicken with baby Potatoes		Baked Chicken Breast		**POTATO DAY** **POTATO FRIES with Chicken Strips** **JACKET POTATO with Minced Beef topped with Cheddar Cheese** **POTATO CHIPS with Tomato Salsa Dip (V)**		Sweet and Sour Chicken		Grilled Fish with Tomato Sauce
MAIN COURSE 2	Beef Stroganoff		Beef in Black Bean Sauce				Beef Burgundy		Honey Garlic Chicken
CARBOHYDRATES	A.O.P. (Aglio,Olio,Peperocino) Spaghetti		White Rice				Roasted Rosemary Potato		Pasta Puttanesca
VEGETABLES	Grilled Aubergine and Carrots		Garlic Cauliflower and Brocolli				Corn and Green Beans		Steamed Vegetables

Bread Roll Available Daily