



## AISA ELEMENTARY ACTIVITIES & ATHLETICS

Term 2 of the paid AISA After-school Academy 2018-19 is here! Please read the class descriptions for more information. Activities will be 8 weeks long beginning Sunday, January 13<sup>th</sup>. **NEW: Our accounts department will not be taking payments for paid activities. All communication and payment must be done directly through the company.**

### Paid After School Activities

*(Please note, these activities are provided by outside companies. All communication and payment should be through the company).*

#### **Kumon Math (September-May)**

**Grades 1 - 5**

Kumon helps children of all ages and levels become eager, independent self-learners. Kumon help children learn on their own and develops strong math skills.

**Sundays & Tuesdays**

[nancy.m@kumonuae.ae](mailto:nancy.m@kumonuae.ae)

Room 202. 3:00-3:30

**Cost:** 2,090 AED (Sept-May)

#### **My First Gym Stars Hip Hop**

**KG 1** (limited to 12 students)

Exercise and dance to music with friends.

**Mondays** – [contact@myfirstgym.com](mailto:contact@myfirstgym.com)

Location: KG1 Classroom 1:30-2:30

**Cost:** 647 AED

#### **My First Gym Kids Hip Hop**

**KG 2 – Grade 3** (limited to 12 students)

Exercise and dance to music with friends.

**Mondays** – My First Gym Staff

Location: Canteen. 3:00-4:00

**Cost:** 647 AED

#### **Artnook Art Workshop**

**KG2 – G2** (limited to 16 students)

Be creative; develop your imagination and build confidence through art.

**Mondays** - [daisyartnook@gmail.com](mailto:daisyartnook@gmail.com)

Location: Grade 5 classrooms – Room 6

3.00-4.00pm

**Cost:** 1,040 AED for 8 sessions

#### **Artnook Art Workshop**

**KG1** (limited to 16 students)

Be creative; develop your imagination and build confidence through art

**Tuesdays** – [daisyartnook@gmail.com](mailto:daisyartnook@gmail.com)

Location: B2-2; 1:20-2:30pm

**Cost:** 960 AED for 8 sessions.

#### **My First Gym Starts Karate KG1**

**KG1** (limited to 10 students)

Students will focus on building character; developing concentration and listening skills, learning respect for others, and improving self-esteem.

**Wednesday** – [contact@myfirstgym.com](mailto:contact@myfirstgym.com)

KG1 Classroom. 1:15-2:30

**Cost:** 740 AED

#### **My First Gym Kids Karate KG2-Grade 2**

**KG2 - Grade 2** (limited to 10 students)

Students will focus on building character; developing concentration and listening skills, learning respect for others, and improving self-esteem.

**Wednesday** – [contact@myfirstgym.com](mailto:contact@myfirstgym.com)

Location: Canteen. 3:00-4:00

**Cost:** 740 AED

### **Mad Science**

**KG2 - Grade 5**

**ALL NEW CLASSES!** Spark your curiosity through fun and entertaining activities that give you an understanding of what science is really about.

**Wednesdays** – KG2-G2 Girls' side lab/G3-G5 Boys' side lab. 3:00-4:00

**Cost:** 741 AED

[daryl@madscience.ae](mailto:daryl@madscience.ae)

### **Artnook Art Workshop**

**Grade 3 - 5** (limited to 16 students)

Be creative; develop your imagination and build confidence through art

**Wednesdays** – [daisyartnook@gmail.com](mailto:daisyartnook@gmail.com)

Location: Grade 5 classrooms – Room 6

3.00-4.00pm

**Cost:** 1,040 AED for 8 sessions



## **AISA Clubs & Activities** (All activities are provided by AISA staff)

Term 2 Sign-up will begin Monday, January 7<sup>th</sup> to 10<sup>th</sup>. To add a student after this date please email [ebloom@aisa.sch.ae](mailto:ebloom@aisa.sch.ae)

Please sign-up through the following link: <https://app.aisa.sch.ae/Login>

### **Cosmic Kids Yoga**

**Grades KG2** (limited to 18 students)

Cosmic Kids yoga is presented in a storytelling format, incorporating appropriate yoga positions to go along with the story. The instructor, Jamie, is sure to include fun elements to encourage your child to learn relaxation and breathing techniques in a relaxed setting.

**Sundays** – Ms. Campbell  
**Room B2-9/10, 3:00-4:00.**

### **Mind Matters**

**Grades KG2 – G1** (limited to 10 students)

Fun activities to get your mind moving, including brain gym, bean bag games and mindfulness.

**Sundays** – Mrs. Hardy  
**Room: B2-01, 3:00-4:00**

### **STEM Club (literacy focus)**

**Grade 3-5** (limited to 18 students)

Stem club will use concepts from science, technology, engineering and mathematics to understand and solve problems related to Literacy (example - how can we help rescue Rapunzel from the tower?). Students will work collaboratively in teams to solve problems encountered in fun and familiar texts.

**Sundays** – Ms. Kremer  
**Room – 102, 3:00-4:00.**

### **Junior Model United Nations (MUN)**

**Grades 4 - 5** (limited to 18 students)

In the Junior Model United Nations Club, students will learn all about how the United Nations works and engage in a role-play of the United Nations system. Students will practice the skills of debate, public speaking, and research. This is a great way to prepare students who wish to participate in the Model United Nations in middle and high school, and go to conferences to debate with students from across the UAE.

**Mondays** – Ms. Potter  
**Room B-01. 3:00-4:00**

### **Zumba**

**Grades 1-3** (limited to 18 students)

If your little ones have lots of energy to burn and they enjoy to wiggle and giggle the Zumba is for you! Easy to follow routines which are paired with fun child-friendly songs will allow your child to develop a sense of rhythm and coordination all whilst getting some exercise. We'll have them waving their arms, kicking their feet, boosting self-confidence and boogying away like a super star!

**Mondays** – Ms. Brimacombe  
**Room B2-07. 3:00-4:00**

### **Little Dancers**

**KG2/1 (18 Students)**

Students will learn how to move to music through the introduction of basic movement composition.

**Mondays** – Mrs. Andary  
**Drama room (Boys side), 3:00-4:00**

### **Gardening Club**

**Grades 1- 3** (limited to 18 students)

Come and discover the magic of gardening, learn more about the environment and sustainability, save a seed, plant vegetables and herbs, and understand the cycle of food.

**Tuesdays** –Ms. Archie & Mrs. Zeina

**Greenhouse. 3:00-4:00**

### **K'nex Club**

**Grade 4 & 5** (limited to 18 students)

Come learn how to build machines using K'nex.

**Tuesdays** –Ms.Aoife

**Room 112, 3:00-4:00**

### **Dodgeball**

**Grade 2 & 3** (limited to 30 students)

Come and join in the fun that Dodgeball brings.

**Tuesdays** –Ms.Simpson

**Room: Boys side Soccer pitch, 3:00-4:00**

### **CAS Science Club**

**Grade 2-3** (limited to 18 students)

Students will be introduced to science focused activities in a fun and engaging way.

**Tuesdays** – Student led (Supervisor Ms. Lloyd)

**Room 123. 3:00-4:00**

### **CAS Math Club**

**Grade 1-2** (limited to 18 students)

Students will be introduced to math focused activities in a fun and engaging way.

**Tuesdays** – Student led (Supervisor Ms. Harris)

**Room 105. 3:00-4:00**

### **KG1 STEM Club**

**Grades KG1** (limited to 18 students)

K1 students will explore science, technology, engineering and math concepts through exciting and engaging activities.

**Wednesdays**– Ms. M.Healey

**Room B2-02. 1:30-2:30**

### **G1-3 Soccer**

**Grades 1 - 3** (limited to 18 students)

Students will be introduced the fundamentals of soccer through a games-based approach.

**Wednesday** – **Student led activity**

(Supervisor – Mr. Bloom)

**Location:** Girls side Soccer pitch, 3:00-4:00pm

### **Cheerleading Club**

**Grades 3 - 5** (limited to 18 students)

Each week you will participate in a different puzzle or game to get your brain thinking!

**Thursdays**– Ms. Bullard

**Room 120. 3:00-4:00**

### **Tap Dance Club**

**Grade 3-4** (limited to 18 students)

Students will be introduced to basic tap dancing and will perform at upcoming school assemblies. Bring TAP SHOES and tapping toes. Club will also be offered T3 to maximize use of new shoes.

**Thursdays**– Mrs. Rich

**Room - Canteen. 3:00-4:00**

### **Chess Club**

**Grade 3-5** (limited to 18 students)

Students will be introduced to the basic concepts of chess and will have an opportunity to play in-school tournaments.

**Thursdays**– Mrs. Brotherton

**Room B1-5. 3:00-4:00**



### **Junior Lions Athletics Program**

Sign-up will be available in the Elementary gym before the start of each season. Information on sign-up will be send through the weekly bulletin.

#### **Season 1** (September – December)

<b>September -November</b>	<b>Information/ Practice day location</b>	<b>Time</b>
Grade 4/5 (U12) Boys Football	Football field	Sundays & Mondays, 3-4pm
Grade 4/5 (U12) Girls Football	Football field	Sundays & Mondays, 3-4pm
K2 & G1 Swim Club	Swimming pool – students must be picked-up poolside by a parent/guardian.	Sundays, 3-4pm
G2 – G5 Swim Club	Swimming pool – this is an enrichment program. Students must be able to swim 25m in a stroke of their choice.	Mondays & Thursdays, 3-4pm

\*Swimmers must wear an AISA swim cap.

#### **Season 2** (December – February)

<b>November to January</b>	<b>Information/ Practice day location</b>	<b>Time</b>
Grade 2/3 Track	Football field	Mondays 3-4pm
Grade 4/5 Track & Field	Football field	Sundays & Mondays, 3-4pm
G2 – G5 Swim Club	Swimming pool – this is an enrichment program. Students must be able to swim 25m in a stroke of their choice.	Mondays & Thursdays, 3-4pm

**Season 3** (February – April)

<b>February - May</b>	<b>Information/ Practice day location</b>	<b>Time</b>
Grade 4/5 (U12) Girls Basketball	Elementary Gym	Sundays & Mondays, 3-4pm
Grade 4/5 (U12) Boys Basketball	Elementary Gym	Sundays & Mondays, 3-4pm
G2 – G5 Swim Club	Swimming pool – this is an enrichment program. Students must be able to swim 25m in a stroke of their choice.	Mondays & Thursdays, 3-4pm

Please contact Mr.Bloom for more information ([ebloom@aisa.sch.ae](mailto:ebloom@aisa.sch.ae))